

## CLENPIQ BOWEL PREP

**You will be on a CLEAR LIQUID DIET the ENTIRE day before your procedure. This includes breakfast, lunch, and dinner. You will need to drink 8 ounces of one of the clear liquids listed below every hour.**

### CLEAR LIQUID DIET EXAMPLES:

Water	Tea	Coffee (no cream)
7-UP	Coke	Sprite
Pepsi	Mountain Dew	Kool-Aid (no red)
Apple Juice	Cranberry Juice	CranApple Juice
CranBlueberry Juice	CranGrape Juice	CranRaspberry Juice
Grape Juice	Clear Broth	Bouillon

Jell-O & Popsicles (no red and no fruit added)

**NO                      NO DAIRY                      NO SOLID**  
**ALCOHOL!            PRODUCTS!            FOODS!**

**6:00PM:** FIRST DOSE – drink one of the bottles included in the prep box. Immediately following, drink five cups (40 ounces total) of clear liquid over the next three hours.

**6 HOURS PRIOR TO PROCEDURE TIME:** SECOND DOSE – drink the last bottle included in the prep box. Immediately following, drink three cups (24 ounces total) of clear liquid over the next two hours. Do NOT eat or drink ANYTHING after you have finished the second portion of the Clenpiq kit.

**\*\*\*Your stools should be clear yellow, liquid with successful bowel prep. If you have any questions, call the office 812-882-2703.\*\*\***