**GSPN Weight Loss Clinic**

**What are the costs of the Program?**

The following pricing list is standardized pricing for patients that are self-pay. Since this clinic is billing your insurance for the office visit first, the cost to you may vary.

**Complete History and Physical Exam ------------------------- $120.00 - $340.00**

* Behavioral Assessment
* Nutritional Assessment
* EKG(for each 50 lbs. lost)

**Weekly Office Visits------------------------------------------------ $40 - $160**

* Nurse visits are 3 weeks a month (this will be during the Reducing and Adapting Phases)
* Physician visits will be monthly

**Labs--------------------------------------------------------------------- Will depend on what insurance covers**

* Labs will be drawn at screening then as ordered by provider.

**What about insurance?**

Many insurance companies will cover the medical portion of the program (physician visits and lab work). This **does not** include the supplements that are required for the weight loss programs we offer. If you have any questions regarding what your insurance cover, please call the toll free number on the back of your insurance card and ask:

“Do you cover medically supervised weight management program?”

**Diet Plans:**

**Very Low Calorie Diet (VLCD)**

* Approximately 4-6 weeks or more depending on amount of desired weight loss. This cost will gradually decrease as you transition from supplements to grocery food.
* The VLCD requires 3 shakes and 1-2 bars daily.
	+ *The cost to you may range from $87.74 - $101.65 per week (this may vary)*

**Low Calorie Diet (LCD)**

* Approximately 4-8 weeks depending on amount of weight you need to lose. This cost will gradually decrease as you transition to grocery food.
* The LCD requires 2 shakes and 1-2 bars daily.
	+ *The cost to you may range from $63.13 - $77.04 per week (this may vary)*

**What methods of payment are accepted?**

The program is set up on a “pay as you go” basis. Since we will first bill your insurance company, you may not receive a bill until a later date. Due to billing the insurance company, if your plan requires a copayment for office visits, this will be due at the time of service. We accept Cash, Check, Visa, Discover, and MasterCard.

***Supplements are NOT covered by Insurance. The funds will be collected at the time of service.***

***Pricing:***

***Shakes/ Puddings/ Soups ----------- $23.00 +tax (per box of 7)***

 ***Bars --------------------------------------- $13.00 +tax (per box of 7)***