

HEALTH CONNECTIONS

In This Edition

PAGE 3

Life after hip replacement surgery

PAGE 5

A journey to a healthy heart

PAGE 7

Meet our new physicians and providers

A publication of Good Samaritan



Welcome

Welcome to our 53rd volume of Health Connections! For more than 20 years, we have been creating this publication and sharing our patients' stories.

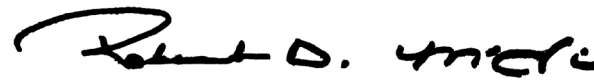
In this edition, we are pleased to share the story of a local woman who had a hip replacement surgery. You will read about her journey to needing the surgery and her success with physical therapy. You will also meet a local radio DJ and read his story about his life-long heart-health journey and where he is today thanks to the help of our cardiac rehab.

Also, in this edition we are excited to introduce our newest providers we have welcomed in 2019. The photos and biographies of our new physicians and advanced practice providers will help you gain insight and learn more about the care providers within our organization. We have welcomed many new faces this year and are happy to introduce them to the communities we are privileged to serve.

We are also thrilled to share some information about our two residency programs and our upcoming Community Get Fit Challenge. Last year we had more than 200 individuals take part in the challenge and hope to have even more this year!

Thank you for taking the time to read this edition of Health Connections. We truly appreciate your trust in us to provide excellent health care to you and your families. We are excited to continue being the region's center of excellence in health and wellness and look forward to what the next year brings.

Sincerely,



Rob McLin
President & CEO



Administration

Rob McLin - *President & CEO*
Thomas Cook - *Chief Financial Officer*
Rachel Spalding - *Chief Nursing Officer*
Matthew Schuckman - *Vice President of Operations*
Adam Thacker - *Chief Operating Officer of Physician Network*
Dean Wagoner - *Vice President of Human Resources*
Molly Weiss, MD - *Chief Medical Officer*

Board of Governors

Jim Zeigler - *Chairman*
Ralph Jacqmain, MD - *Vice Chairman*
Mary Cay Martin - *Secretary*
Susan Brocksmith
Tim Ellerman
Trent Hinkle
Kellie Streeter

A Quick Look Guide To Our Residency Programs

Every physician at Good Samaritan holds either a degree of Medical Doctor (MD) or Doctor of Osteopathy (DO). The final phase of medical training for either degree is known as Residency.

Our resident physicians are a select group of new doctors who come to Good Samaritan after having graduated first from college and then from medical school. While these physicians have received their medical degree, they must complete supervised clinical work as a resident before they can practice independently. Our Psychiatry residents started at Good Samaritan in July 2019 and our Internal Medicine residents will begin in July 2020.

Benefits of Having a Resident Involved in Your Care

- Overall, patients report great satisfaction and comfort with having resident physicians involved in their care. In fact, studies show that more than 90% of patients were both satisfied and comfortable with resident physicians. And more than 95% of patients report a positive experience with resident physicians. It is also common for patients to recommend seeing a resident to family and friends because of the excellent and most up-to-date care they receive.
- Resident physicians see fewer patients in a day and therefore have more time to spend with each of their patients.
- You get to contribute to the education of the doctors of the future! You are able to teach the resident about your health and any medical problems which you have. This means that you become an important part of the resident physician education.
- You get two opinions for one! Because every aspect of your care is discussed between the resident and the attending physician, you benefit from having two physicians involved in your care.

Frequently Asked Questions by Patients Under the Care of Resident Physicians

Who is my “real” doctor?

The resident physician is your physician. Residents are able to take a full history, examine you or your loved one, order blood tests or other tests such as EKGs or x-rays, perform procedures, write prescriptions, and follow up with you to answer your medical questions.

Since residents are still in training, will they know what is best for me?

Residents are always under the supervision of the attending physician, so your care is discussed by the resident with the attending. You get the opinions and expertise of two physicians! Since residents are in training, they often have questions about the care of patients, but this is common with all physicians.

Will my visits take longer with a resident?

Residents will see fewer patients during a day, so a bonus to patients is that they are able to spend more time with you. This is beneficial to patients since you will feel less rushed during your visits. You will have more time to ask questions or discuss your concerns.

Will I have to see two doctors now?

Sometimes yes and sometimes no. There will be times when the resident is able to care for you without you being seen by the attending physician. However, when there are questions, concerns or other issues, the attending physician may also see you. Either way, residents discuss your care with the attending, so there is always oversight of your care by an experienced physician.

Will I have to repeat myself to both doctors now?

If there are questions or if your care is complicated, the attending physician may ask you some clarifying or additional questions. However, residents and attendings always discuss your care, so you will never have to “start over” with the reason you are in the office.

If I have questions the resident cannot answer, can I see the attending physician too?

Yes, you can always ask to see the attending physician at any point during your visit.

Learn more about Good Samaritan’s residency programs by going online to www.gshvin.org/residents.

A “Hip” New Life



Pictured from left to right: Clinical Pathway Coordinator, Melinda Carie; Jeannie; Orthopedic Surgeon, Dr. David Miller; and Physical Therapist, Angie Black.

Kathryn J. “Jeannie” Linneweber has always been on the go. Working on the family farm, spending time with her grandkids and tending to her garden keeps her busy. But this past year, Jeannie had to slow down because of increasing pain in her right hip and leg. “The pain was gradually increasing and getting so bad that I could barely walk,” said Jeannie. The pain began to limit her lifestyle and kept her from doing the things she loved. So she decided it was finally time to seek a solution.

After visiting her family physician, she was referred to a hospital in Evansville, Indiana. Jeannie made two visits to the hospital that resulted in no help or answers, and to finally learn that they did not accept her insurance. After voicing her concern about finding a physician, her

daughter Megan, who works as a nurse on the Rehabilitation Unit at Good Samaritan, recommended orthopedic surgeon, Dr. David Miller.

“I knew from that first contact with his office with the receptionist, Hanna, that I was now on the right path,” said Jeannie. “She was the nicest girl, and so understanding,” she continued. “Dr. Miller and his nurse Kenzie were also so kind and knowledgeable about my situation.” Dr. Miller first prescribed steroid injections for Jeannie’s pain, but they provided comfort for about six weeks, and then her pain would return. It was then decided that the next step was going to be a hip replacement surgery.

Complications arose with Jeannie’s health insurance company who at first stated that they would not cover any of the costs of the procedure. Not giving up, Kenzie and Dr. Miller went above and beyond to make sure the surgery would be covered. Dr. Miller even had a peer-on-peer review with the physician at the insurance company to voice his concerns about the severity of Jeannie’s case and that there were no other preventative options other than surgery. After numerous phone calls, emails and faxes, the insurance company finally agreed to approve the hip replacement surgery.

“The steps that led up to my surgery were impressive to say the least,” said Jeannie. “I was scheduled to meet with Melinda Carie, Clinical Pathway Coordinator, for a day of education and a tour of the area where my surgery and recovery would take place. The day was so organized, well presented and most helpful to prepare me to get the best results from my surgery. It was easy to see that Melinda enjoys her work and is committed to providing a good experience to her patients. I commend Good Samaritan for this time provided to patients. The knowledge I received about the procedure put any fears I had to rest.”

Jeannie’s surgery took place on October 14, 2019. “Every staff member

Good Samaritan Joint Replacement Statistics (Through October 2019)

188 Total number of joint replacement surgeries

46% Percentage of surgeries that are done with the help of the Mako Robotic-Arm

44% Percentage of joint replacement patients that are released home in one day

80% Percentage of joint replacement patients return to their home environments. The national average is 74%

or nurse that I met with that morning were just so kind and could easily answer every nervous question that I had,” she said. “Everyone that entered the room had a smile, or better yet, a warm blanket!”

“Utilizing the Mako robotic system, Mrs. Linneweber’s surgery was carefully planned and performed to the highest level of accuracy of currently used technology,” said Dr. Miller. “With the digital 3D model of her hip, placement of the replacement implants can be sized and adjusted, which is especially important in severe arthritis, as was the case for Mrs. Linneweber. Accurate placement of the implants for hip and knee replacement can lower the risk of complications significantly and maximize how long the replacement will last.”

Before she knew it, the surgery was over and she was soon in a private inpatient room. Her nurse, Tracy Kahre, greeted her and told Jeannie that she would be there for her the rest of the evening. “I was always happy when I saw her,” said Jeannie describing Tracy. “She was so nice and friendly all the time.”

After a brief rest, Lisa Wagler and Don Black from Physical Therapy arrived to begin therapy with Jeannie. She was taken to the physical therapy gym on the same floor for exercises and instructions on what she would need to do when she was released home. “I had a hip replacement nine years ago on my left side in Indianapolis,” said Jeannie. “It was the most horrible experience of my life. I came home and didn’t get out of bed for a week. The location was too far away and there was no sense of caring. This time was completely different. Dr. Miller performed my surgery using the Mako Robotic-arm on Monday at 12:30 p.m. and I was discharged the next day at 2:30 p.m. I was already walking with the assistance of a walker. It has been unbelievable!”

Now a few weeks after surgery, Jeannie has outpatient therapy at Vincennes Orthopedics at Good Samaritan two times a week. She praises the convenient location of the therapy gym and her two therapists, Emily and Angie. “They are both upbeat, keep me motivated and give me homework for exercises I can do at home,” she said.

Her appointments of physical therapy are winding down and soon Jeannie will be back to doing the things she loves. “I am a landscaping and gardening nut,” she laughed. “I am very active and do not like to sit still. It has been such a blessing to be able to do these things again and not rely on anyone to help me.”

After her experience at Good Samaritan, Jeannie wouldn’t go anywhere else for her health care. “From the beginning, my entire health care team was superb,” she said. “I cannot be more pleased with my whole experience.

There wasn’t a single person that was not kind or did not give me that feeling that they cared.” Jeannie even wrote a letter to the hospital CEO, Rob McLin, to express her appreciation. In the letter she mentions everyone that impacted her care including her anesthesiologist, Dr. Michael Dulin, and the employees who performed her CT, MRI and blood draws. “The availability of the latest technology and more importantly, the caring environment that I experienced the entire time made my health care experience amazing. Knox County is richly blessed to have Good Samaritan.”

[Visit gshvin.org/orthopedics](http://gshvin.org/orthopedics) to learn more about our orthopedic services.



One of Jeannie’s physical therapists, Emily Horrall, shows her how to use the elastic band during her therapy to strengthen her hip post-surgery.

The Heart of Health

Ed Ballinger is an iconic voice on local radio. Mostly known for his work on WZDM Wisdom 92.1 and his interviews on the Knox County Today Show, Ed is a staple in the Vincennes community. For the past 30 years, he has been a bright spot in the days and lives of his listeners. What some people may not know about Ed is that for 20 of those 30 years, he has struggled with health complications because of his heart. His journey has had many ups and downs, but now he finally feels like he is in a good place. So much so, that he is ready for his next venture in improving his health.

It all began in 1993 when Ed had open-heart surgery at the young age of 33. Living with Wolff-Parkinson-White (WPW) Syndrome, an electrical abnormality in the heart that leads to a rapid heart rate, the functioning of his heart has always been a concern. Doctors were not able to eliminate the WPW with ablation, so they had to treat it through open-heart surgery.

Four years following his surgery, he showed no signs of any other complications. Then in 1997, he began having rapid heartbeats again caused by the scar tissue from his open-heart surgery. He went into ventricular tachycardia (VT), an abnormal heart rhythm, and had to have a pace maker and defibrillator placed. In order to treat the VT, his physician decided to perform a cardiac ablation, a procedure to remove the tissue in the heart that is allowing incorrect electrical signals to cause an abnormal heart rhythm.

The ablation was unsuccessful, so Ed was placed on antiarrhythmic medications to regulate his heart rate. For the next few years, his WPW was controlled by these medications, but there were side effects that he had learned to live with. Then a year ago in 2018, Ed was calling the girls basketball state championship game in Indianapolis between Vincennes Rivet and Marquette Catholic High School, when he began to feel different and “not right.”

When he got home after the game, his resting heart rate was 132 and he was rushed to Good Samaritan. “I was then taken to St. Vincent for another ablation attempt,” said Ed. “It didn’t work so they then decided to do a catheterization and found two blockages. Before they placed the stints, one artery was blocked 75% and another had 80% blockage.”



Ed takes a moment to pose in front of the Dayson Heart Center Cardiac Rehab gym where he spent six weeks after surgery.

After the placement of his stints, Ed had cardiac rehab at Good Samaritan’s Dayson Heart Center. “The nurses were wonderful,” he said. “They work with you and understand that it is hard, but push you to keep going.” Ed had to stop his rehab for a while because of another ablation, but was able to start again the next month. “The first time I was on the treadmill for only six minutes and I thought it was impossible. Now I go on the treadmill and can workout on there for 30 minutes.”

“That’s our goal,” added Hilary Cecil, Cardiac Rehab Exercise Specialist. “We want our patients to get stronger and more comfortable using gym equipment we have here so they are confident when they go to other gyms and exercise. Sometimes there are a few patients in our gym exercising at the same time and the new patients see the others that have been there a few weeks and it gives them something to look forward to.”

Even though Ed’s complicated heart procedures have forced him to travel far distances for care, he is truly thankful he is able to have cardiac rehab in his own community. “It is so nice to stay close to home for rehab,” said Ed, “The nurses are compassionate and understanding. They came in early at six in the

morning twice a week to accommodate my schedule. Because of my time in cardiac rehab and what I learned, I always start and end my workouts on the bike,” he said while laughing.

Cardiac rehab at the Dayson Heart Center has different phases. While in rehab, Ed was in phase two, which is an outpatient cardiac exercise program where patients are continuously monitored.

Even though he was staying on track in rehab, in January of 2019, Ed went into VT once again. “The medications I was on had run their course and I began to have problems falling and losing my balance.” The only option left for Ed was a more intense ablation procedure to be performed by renowned cardiac physician at Loyola University Medical Center in Chicago, Illinois, Dr. David Wilber.

The ablation took place this past May and has been successful. “I began eating better, I eliminated sodium, and lost some weight,” said Ed. “I have been able to decrease my medications and now feel strong enough to take the next step in my journey toward a healthier lifestyle.” Ed also credits his family for their unwavering support throughout the years. His wife, Jill, and his two children, Nathan and Jensen, have been by his side since the beginning.



Ed hops on the treadmill and receives encouragement from Hilary Cecil, Cardiac Rehab Exercise Specialist.

Ed’s next goal is to be a part of the Community Get Fit Challenge sponsored by Good Samaritan and the YMCA of Vincennes. Talking to him you can see the excitement on his face and hear it in his voice to be a part of the challenge and lead his team to victory.

His goal is to lose three pounds a week during the 12-week program. This may seem like a high goal to some, but to Ed, it is achievable. “You know what, last April I was 322 pounds and today I am at 260,” he said. “That was a change and now my body is used to that change and I have plateaued. I have been on a roller-coaster and it is time for me to be more consistent.”

When asked what he is looking forward to the most during the Get Fit Challenge, he responded with a smile, “winning.”

Dayson Heart Center Cardiac Rehab

Cardiac rehabilitation aides in the reduction of potentially devastating effects of heart disease and improves the quality of life for patients and their families. Cardiac rehab at Good Samaritan is in three phases.

PHASE 1

Inpatient education for patients that are recovering from heart attacks or cardiac cath interventions.

PHASE 2

Outpatient cardiac exercise program with continuous monitoring.

PHASE 3

Outpatient program with intermittent monitoring for patients completing phase two, with focus on reducing cardiac risk factors.

You must have risk factors of heart disease to qualify for phase two and three rehab. A pre-requisite is not required from your physician. For more information, call 812-885-3243.

Start Your Year Off Healthy By Joining The Community Get Fit Challenge



Good Samaritan, in partnership with the YMCA of Vincennes, is inviting community members to once again take part in their Community Get Fit Challenge. Individuals and teams of four can participate in this 12-week program, from January 4 to March 28. Each participant will receive guidance and information from dietitians, monthly exercise plans developed by certified trainers, helpful tips to promote mental health, and access to free recipes, fitness demonstrations and tips on decreasing stress.

“Our mission as an organization is to promote the health and well-being of our community,” said Rob McLin, President and CEO at Good Samaritan. “The Community Health Needs Assessment, completed every three years, has consistently shown an increase physical inactivity and obesity among our population. The Get Fit Challenge is a great way to teach others the benefits of eating better and living a more active lifestyle.”

Each participant must be 18 years or older at the time of entry. Challenge members can enter as an individual or as a team of four. Participants will be required to attend and weigh-in during the kick-off event, on January 4, and the final weigh-in on March 28, both at the YMCA of Vincennes. Weight loss will be based on percentage of weight loss, not pounds, so that everyone can compete fairly.

Individuals who are a part of the challenge will also receive access to a community Facebook page and the option to purchase day passes at the YMCA at a reduced cost.

“Due to the success of last year’s challenge, we felt we needed to offer this program to our community once again,” stated Tiffany Conover, Director of Marketing. “There were so many participants who made positive changes in their lifestyle to be very successful in the program. We hope to see that kind of motivation again, which is why we are offering even more prize money incentives for second and third place winners. If you are ready to lose weight and make a positive lifestyle change, plus possibly win some extra cash, this challenge is for you!”

Those who are interested in registering for the challenge can do so online by visiting communitygetfit.eventbrite.com. The entry fee is \$30 per person. Day-of-event registration will be available to participants on January 4 from 8:30 to 9 a.m. Rules and other information about the challenge are also available on the Good Samaritan website at gshvin.org/getfit.

Kick-off Event

Saturday, January 4

YMCA of Vincennes | 2010 College Avenue
9 to 11 a.m. (EST)

The kick-off and final weigh-in events are mandatory for ALL participants.

Prizes

First Place Team - \$1,000

First Place Male and Female - \$250 Each

Second Place Team - \$400

Second Place Male and Female - \$100 Each

Third Place Team - \$200

Third Place Male and Female - \$50 Each

The Good Samaritan Sports Performance team will also be offering special discount pricing for personal and online training for Get Fit Participants!

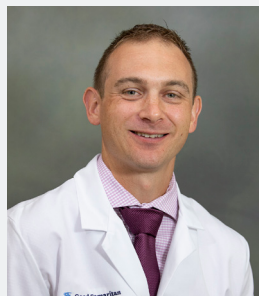
PRIVATE TRAINING SESSIONS

- 30 Minute Sessions: \$20 Each
- 10 - 30 Minute Sessions: \$180
- 10 - 60 Minute Sessions: \$250

ONLINE TRAINING

- \$25/Month (Beginning on 1st or 15th)
- Requires first session to be face-to-face for FMS/goals, etc.

Meet Our New Physicians



Dustin Blackwell, DO *Obstetrics and Gynecology*

Medical Degree: Des Moines University
Residency: Doctor's Hospital, Ohio Health

Medical Arts Building **812.882.1000**
700 Willow Street | Suite 203
Vincennes, IN 47591

Dustin Blackwell, DO, wanted to be a physician ever since he was a child. "My desire to be a physician stems from an aspiration to not only treat patients and make them well, but to have the ability to teach patients about their health," he said. During his rotation in medical school, Dr. Blackwell was surprised to find that he liked the specialty of Obstetrics and Gynecology. "I enjoyed the element of surgical care and the management of the patient, the joy of bringing new life into the world, and the variety of practice that accompanied OB/GYN." Wanting to be a part of a rural, close knit community, Dr. Blackwell decided to practice at Good Samaritan. This, in addition to the state-of-the-art hospital, and friendly and welcoming staff, made the choice of practicing at Good Samaritan an easy one. Dr. Blackwell and his wife, Courtney, reside in Vincennes with their two children, Adalyn (Addie) and Gavin. In his free time, he enjoys being with his family and getting outdoors to run, bike, swim, hike and golf.



Ravi Kamepalli, MD *Infectious Disease*

Medical Degree: Guntur Medical College
Residency: Wyckoff Heights Medical School

Good Samaritan **812.885.6950**
520 S. Seventh Street
Vincennes, IN 47591

Dr. Ravi Kamepalli provides tele-health Infectious Disease services at Good Samaritan. He is actively involved in clinical trials and has a passion for treating wound care and obesity patients. Dr. Kamepalli's resume includes a vast history of medical experience. He has worked as a medical student educator, author, presenter and is also currently doing active research in clinical drug studies. "My goal is to use telemedicine technology in health care delivery to remove barriers in healing," said Dr. Kamepalli. "I also want to educate other physicians about wound care and build a transition care team that will deliver safe, efficient and cost-effective care to patients." He is board certified in Internal Medicine, Infectious Disease and is a board certified Wound Specialist by the American Academy of Wound Management. Dr. Kamepalli currently resides in Evansville, Indiana, but enjoys traveling to India frequently to visit family.



Lee McKinley, MD

- *Internal Medicine*
- *Indiana University Southwest Indiana Internal Medicine Residency Faculty*

Medical Degree: Indiana University School of Medicine
Residency: Indiana University School of Medicine

Internal Medicine Resident Faculty Practice
812.882.5220
514 S. Ninth Street
Vincennes, IN 47591

Lee McKinley, MD, has always loved science and using his knowledge to help others. "The internal medicine specialty allows me to use my skills and knowledge to diagnose a wide range of illnesses, treat most of them, and provide a plan for patients to regain control of their health," said Dr. McKinley. With many years of experience as a teacher, the decision to come to Good Samaritan and be a part of the internal medicine residency program was an easy decision. Dr. McKinley stated that this opportunity was his once-in-a-lifetime chance to help build a program that focuses on four key areas. "We will keep patients at the center of our care, improve the health in our service area, make medical care affordable, and improve the quality of life of the physicians we train," he said. Dr. McKinley and his wife, Maria, have three children. The couple resides in Bloomington, Indiana and together they enjoy IU sports, going to Lake Monroe and volunteering. Dr. McKinley also enjoys hiking, reading and baking.



Sabrina Rainey, MD

- *Internal Medicine and Pediatrics*
- *Indiana University Southwest Indiana Internal Medicine Residency Faculty*

Medical Degree: University of Louisville School of Medicine
Residency: Indiana University School of Medicine

Internal Medicine Resident Faculty Practice
812.882.5220
514 S. Ninth Street
Vincennes, IN 47591

Sabrina Rainey, MD, was inspired to earn her medical degree after watching her mother, who was a physician, care for her patients. "I loved watching her and seeing the impact she made in people's lives," she said. Dr. Rainey earned her Bachelor Degree in Bioengineering from the University of Washington in 2008. She then received her medical degree from the University of Louisville School of Medicine and finished her residency in internal medicine and pediatrics at Indiana University School of Medicine in 2016. "I love being able to give people the tools they need to live their best lives," said Dr. Rainey. She and her husband, Justin, reside in Vincennes, Indiana and have three cats. In her free time, Dr. Rainey enjoys archery, playing the violin, pastry baking, computer programming and reading.

Meet Our New Advanced Practice Providers



Courtney Bauer, FNP-C *Family Medicine*

Bachelor's Degree: University of Southern Indiana
Master's Degree: Indiana State University

Convenient Care Clinic 812.885.8941
1813 Willow Street | Suite 3A
Vincennes, IN 47591

Vincennes native, Courtney Bauer, has always been interested in the field of medicine. Working as an inpatient nurse at Good Samaritan, she wanted to help more people by becoming a nurse practitioner. She earned her Master of Science in Nursing with a concentration in Family Nurse Practitioner from Indiana State University. "I chose to specialize in family medicine so I could take care of patients of all ages," said Bauer. "I also really enjoy providing wellness care, which is something that I am able to do more of now." Growing up in the community, Courtney has always thought very highly of Good Samaritan and wanted to stay within the organization as a provider. She and her husband, Erich, reside in Vincennes and have two little boys, Brayden and Liam. In her free time, she likes to spend time with her family and friends, exercising, being outdoors and reading.



Kara Doyle, FNP-C *Family Medicine*

Bachelor's Degree: University of Southern Indiana
Master's Degree: University of Southern Indiana

Medical Center of Vincennes 812.882.1106
406 N. First Street
Vincennes, IN 47591

Kara Doyle chose to become a nurse practitioner so that she can better serve and help others. "In nursing school at Vincennes University, I realized that I really enjoyed the pathophysiology of disease and health concerns," she said. "An advanced degree allowed me to broaden my scope and deliver care." She earned her Masters of Science in Nursing and Family Nurse Practitioner degree in 2012 from the University of Southern Indiana. Wanting to help a wide age group of people live healthier lives, she chose to specialize in family medicine. Working for Good Samaritan's Physician Network, she hopes to serve the residents of Vincennes and the surrounding communities. Kara and her husband, Brian, reside in Vincennes with their three children, Maggie, Bridget, and Connor. In her free time, she enjoys spending time with her family, running triathlons and traveling.



Amy Dunbar, FNP-C *Psychiatry*

Bachelor's Degree: Indiana Wesleyan University
Master's Degree: Indiana Wesleyan University

Samaritan Center 812.886.6800
515 Bayou Street
Vincennes, IN 47591

Amy Dunbar decided to become a nurse practitioner so she could make a positive impact on the lives of her patients and educate them on how to live a healthy lifestyle. She earned her Master of Primary Care and Family Nurse Practitioner degree from Indiana Wesleyan University. "I chose to specialize in mental health because of the growing need of providers in the specialty and the effect a person's mental health has on their physical health," said Amy. She and her husband have four children and reside in Bloomington, Indiana. When she is not caring for patients, Amy enjoys watching sports, especially baseball. She also enjoys crafts, racing and learning.



Amy Ethridge, NP-C *Oncology*

Bachelor's Degree: Union University
Master's Degree: Ball State University

Good Samaritan Cancer Pavilion 812.886.6565
520 S. Seventh Street
Vincennes, IN 47591

Amy Ethridge, decided to become a nurse practitioner so she would have more time to get to know and care for her patients. "I have known my whole life that caring for and helping others gives me a feeling of purpose," said Amy. "Being a nurse practitioner gives me the chance to do this on a daily basis and I love it." Through her experience with inpatient medical oncology, Amy quickly fell in love with caring for oncology patients. "These patients are brave, strong and so appreciative," she said. "It is truly rewarding to care for oncology patients along their journey." Amy received her Bachelor of Science in Nursing from Union University in Jackson, Tennessee, and her Master of Science in Nursing from Ball State University in Muncie, Indiana. She chose to practice at Good Samaritan so she could provide personalized care to her local community, family and friends. She has joined the Hematology/Oncology office of Drs. Mark Stutz and Cassandra Lacher. Amy and her husband, Keith, live just outside of Vincennes with their two sons. In her free time, she enjoys spending time with her family, attending concerts, boating, going for drives in their jeep, and trying new restaurants.



Anastasia Ralston, FNP-C
Family Medicine

Bachelor's Degree: University of Evansville
Master's Degree: University of Southern Indiana

Family Health Center **812.885.3703**
429 S. Sixth Street
Vincennes, IN 47591

Anastasia Ralston enjoyed working as a nurse, but wanted to further her education. "I have always had a passion for caring for under-served populations and thought I could help my patients more by becoming a nurse practitioner and providing primary care." Wanting to care for patients of all ages, from birth to older adults, she decided to focus on family practice. "I was blessed to find an opportunity at the Good Samaritan Family Health Center whose purpose is to care for the under-served in our community," said Anastasia. "I feel fortunate every day to work here." She and her husband have two sons and reside in Vincennes. In her free time, Anastasia enjoys traveling with her family, reading and attending her sons' extracurricular activities.



Amy Scamman, FNP-C
Family Medicine

Bachelor's Degree: Indiana State University
Master's Degree: University of Southern Indiana

Convenient Care Clinic **812.885.8941**
1813 Willow Street | Suite 3A
Vincennes, IN 47591

Amy Scamman began her nursing career at Welborn Baptist Hospital as a registered nurse in 1988. Recently working as a nursing instructor, she realized that she missed the opportunity of building relationships with her patients. "With each passing semester, the sense of something missing continued to grow," said Amy. "After some soul searching, I decided to go back to school and become a nurse practitioner." Amy chose to specialize in family practice so she could see patients of all ages in multiple settings. Having previously worked at Good Samaritan as the Director of the Emergency Department some years ago, Amy felt that coming back to care for patients here was the obvious choice. "Everyone here is very close knit and truly cares about everyone else," she said. Amy and her husband, Andy, have a daughter named Hannah who is currently a freshman at the University of Tampa. She and her family are avid hockey fans with the family split between favoring the Boston Bruins and the Pittsburgh Penguins. Amy and her husband also like to travel to Florida to visit their daughter at school when they can.



Amy Schafer, FNP-C
Psychiatry

Bachelor's Degree: Chamberlain College of Nursing
Master's Degree: Chamberlain College of Nursing

Riverfront Counseling Centre **812.885.2718**
121 Buntin Street | Suite 1
Vincennes, IN 47591

Amy Schafer chose to become a nurse practitioner so she could continue working directly with people in a nursing capacity while being able to provide care for patients with a wide variety of medical conditions. She has had a passion for mental health ever since high school when she was working with people with developmental disabilities. Amy earned her Bachelor and Master of Science in Nursing from Chamberlain College of Nursing. Working at Good Samaritan for the past five years, she knew she wanted to stay within the organization as a nurse practitioner. "I absolutely love the family atmosphere of Good Samaritan," said Amy. "It has been my work-home for the past few years and it was a natural choice to continue working here." Amy resides in Oblong, Illinois with her niece Kaylyn, four dogs and two horses. In her free time she enjoys attending concerts, riding four wheelers, taking long walks, riding horses, and watching Marvel and The Fast and the Furious movies.



Ann Staggs, FNP-C
Diabetology

Bachelor's Degree: University of Southern Indiana
Master's Degree: University of Southern Indiana

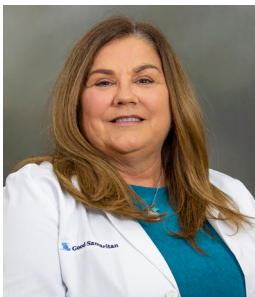
Medical Arts Building **812.885.8040**
700 Willow Street
Vincennes, IN 47591

Ann Staggs wanted to become a nurse practitioner so she could make a difference in the lives of patients and their families. "I chose to become a Family Nurse Practitioner because of the flexibility it affords me in being able to work with patients of any age in a number of specialties," she said. "I particularly hold diabetes management close to my heart because I have a very strong family history of diabetes and I see the impact it has had on all their lives. I want to empower people to understand that they have the ability to control this disease rather than allowing it to control them." The combination of working with "one of the best in her field," Dr. Jane Bridges, and the small town feel within the community made the decision to work at Good Samaritan an easy one. Ann and her husband, Tyler, have two sons and reside in Haubstadt, Indiana. When she is not caring for her patients, she enjoys running, reading, spending time with her family and watching her sons play sports.



520 S. Seventh Street
Vincennes, IN 47591

Meet Our New Advanced Practice Providers Cont.



Teresa Stephens, FNP-C
Family Medicine

Bachelor's Degree: Indiana Wesleyan University

Master's Degree: Indiana Wesleyan University

Convenient Care Clinic
1813 Willow Street | Suite 3A
Vincennes, IN 47591

812.885.8941

Wanting to expand her delivery of health care to her patients, Teresa Stephens decided to become a nurse practitioner. She earned her Master of Science and Family Nurse Practitioner Degree from Indiana Wesleyan University. She chose to specialize in family practice so she could care for people of all ages. Teresa is certified by the American Academy of Nurse Practitioners and is a member of the Coalition of Advanced Nurse Practitioners of Indiana. She resides in Vincennes, and has three children and five grandchildren. In her free time, she enjoys spending time with her family, traveling and reading.